

The Unisex Brain: The Next Stage in Human Evolution

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Editorial

Is it the “wiring” of the brain that determines the sexual preferences and orientation, gender conformity or nonconformity in autistic individuals, transgenders and homosexuals or is it the underlying Energy Pattern and the interplay of masculine and feminine Energies that determines it? This editorial, the first of its kind, seeks to present the Energy Medicine perspective and understanding of the evolving human brain with specific relevance to autism, neuroplasticity of the brain and the possibilities of sexual harmony and integration within the individual that could help avoid unnecessary and painful internal conflicts within the person, dangerous sexchange surgeries and the side effects of externally administered hormones.

There are people on the autistic spectrum who are comfortable with their sexual nonconformity or sexual orientation “normal” or otherwise. And there are people who are absolutely comfortable in their own skin as transgenders or homosexuals or with any other sexual orientation for that matter. This article focuses mainly on those who are on the autistic spectrum, homosexuals, and transgenders who are confused, frustrated and feel “trapped” in their own bodies unable to make sense of what is happening with them. And these individuals invariably tend to struggle with issues of “who am I” “what is my “true” sexual preference/ orientation and identity” and “why am I feeling the way I am feeling” and many more such questions that they dare not ask others leave alone activating the internal conflicts that they cannot understand or feel they can “do anything about”.

This editorial is also for all the “neurotypical” and “normal” people who feel they “know” their sexual identities and yet struggle with the question “who am I”?

The topic of the evolving human brain impacts the whole of humanity and those with these brains who are inhabiting the bodies of autistics, transgenders and homosexuals are already on the leading edge of this evolution in the human brain from whom the other “normal” and “neurotypical” people have a lot to learn. The learning is from the experience of these autistic beings, transgenders and homosexuals that is being played out in an amplified manner as more and more people especially with autism and gender issues are being recognized and are coming forth. The point is that there is a definite shift in the “patterns” of sexual preferences and gender orientations as wired in the human brain that cannot be ignored as “exceptions” , but may indeed become the “norm”. This makes it necessary to at least open the discussion for a fresh understanding of the evolving human brain.

The Energy Medicine Perspective

What is the Energy Medicine perspective that helps us in understanding the evolving human brain in a simple manner that holds the solution for

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these sexual orientation and gender conflicts? The Energy perspective is this the sexual orientation/preferences and the gender identities depend on the interplay and the balance between the masculine and the feminine Energies operating in the same individual to varying degrees and with varying intensities at different points in time not necessarily limited to, but inclusive of the different stages in the growth of the individual with the corresponding hormonal shifts in the lifetime of a person. As to how one would define “masculine” and “feminine” energies from the energy perspective would be the specific qualities attributed to the “male” and “female” patterns of behavior and processing of information. There is also a culturally accepted “norm” of what could be considered as “acceptable” masculine and feminine qualities that could have variations across cultures. The understanding that is relevant in the context of the topic under discussion therefore is simply this The sexual orientation and gender conformity or nonconformity in people with autism, in transgenders and homosexuals is based Primarily upon the interplay of the masculine and feminine energies in the person which in turn organizes the corresponding “wiring” in the brain. Therefore, the Energy template or pattern is primary and the “sexual wiring” in the brain is secondary.

This Energy Medicine perspective therefore presents the possibilities of “Rewiring” the brain by bringing about the shifts in the energies in the individual struggling with these issues. In other words, Applied Energy Medicine taking advantage of the Neuroplasticity of the brain to bring about energy shifts that restore the feeling of harmony and peace in the person struggling with these issues. And doing this by bringing about an experiential understanding of the state of being of how the “Unisex” brain feels like, how the interplay of masculine and feminine energies feel like and how these energies can be integrated and experienced in a manner that is in perfect alignment with their “True Self” .This in turn helps the person with autism, the transgender person or the homosexual individual who was struggling with internal conflicts surrounding these labels to finally experience relief and peace, feeling comfortable in their own skin. And empower them with the ability to make choices coming from this state of being of aligned energies as represented by the Unisex brain.

The Unisex Brain

That brings us to the next question what exactly is this Unisex brain that is the next stage in human evolution?

It is for the first time that such a term is being used in the understanding of the human brain.

The Unisex brain can be defined as the brain that is in energetic alignment at the point of balance between the polarities of the masculine and feminine energies. It is a state of being and this brain has the ability

to navigate and operate in the frequencies of the masculine, feminine and neutral (asexual) Energies with ease. It can do so both intentionally and as a spontaneous, evolving and expanding process of discovery. This brain is free from the culturally forced and conditioned expectations of the connection between sexual orientation/preference(s) and procreation.

The other interesting question that I would like to touch upon is this Is this really a “New” evolving brain or is it simply that we are now RECOGNIZING the fact that the human brain was already evolving in the areas of sexuality and gender identities since a very long time?

Two examples from the Hindu mythology could be considered here as they are relevant in the context of this question and discussion. One is the Hindu deity Lord Nataraja and the other is another deity Lord Ayyappa. Lord Nataraja is for all practical purposes a male deity (masculine energies) who has his wife Parvathi (feminine energies) literally as one half in his body. He is therefore also known by the name of “Ardhanarishwara” which means “a composite androgynous form of lord Shiva (another name for lord Nataraja) and his consort Parvathi. This term represents the synthesis of masculine and feminine energies of the universe and the womb of all creation. The other example is that of lord Ayyappa who, as described in Hindu mythology was born out of the union between lord Shiva (masculine energies) and lord Vishnu (also masculine energies). The understanding is that lord Vishnu took on an avatar of Mohini (feminine energies) and the union between Mohini and Shiva resulted in the birth of lord Ayyappa.

Relevance in Autism

It is recommended to refer to my previous editorial on the topic “The Third Brain in Autism” where I have explained in detail that there is this “collective global brain” which is this “field of intelligence and information that extends beyond the brain in the skull and the brain in the gut that people with autism almost continuously tap into”. (The article can be perused at this link: www.intenthealing.com/blog).

The question is What if autistic beings are tapping into this “global field of intelligence and information” and that is where their sexual orientation and/or preferences are being literally “downloaded” into their individual brains?

What if autistic beings are “tuningin” to this “third brain” and depending on what frequency they are on at any point in time in their lives, they might “tuneinto” a particular sexual preference, which, later on might change depending on whether their frequency shifts at another point in their lives? This understanding could explain why so many people with autism are so confused about their sexuality, sexual orientation and preferences and gender conformity or nonconformity.

What is the Solution Even if this were the Case?

Rewiring the brain taking advantage of the inherent capacity of Neuroplasticity present in the brain. This is the area yet untapped where these individuals needlessly suffering with these split energies of the masculine and feminine energies within themselves that makes it a nightmare for them to survive in society leave alone thriving in society, can be helped.

Evolutionary Significance

This evolving brain could lead to the act of procreation being divorced from sexual orientation and preferences and being simply a physiological mechanism and avenue for the birth of the child through humans. This could pave way for the spontaneous and organic emergence of “Energetic Families” operating beyond the barriers of race, religion or nationalities.

This new and refreshing understanding of the evolving human brain could prevent people struggling with the issues of gender identity and those confused about their sexual orientation from making the choice to go under the knife for sexchange operations or to endure the suffering resulting from the damaging effects of external hormonal support administered for transitioning from one sex to the other.

Simply rewiring the brain taking advantage of the neuroplasticity of the brain using non invasive methods (and without the need to take pills with dangerous side effects) such as Applied Energy Medicine could help these individuals come into authentic alignment with their “True” selves. Applied Energy Medicine takes care of the corresponding hormonal shifts too in perfect sync with the rewiring of the brain. This is possible as the energy shifts include accessing the chakras that have a direct effect on the hormonal system in the body. The best part is that all this can be done through technologically advanced yet simple remote healing techniques that can be taught to the individual themselves eventually.

This would be true Self Empowerment

What if Bruce Jenner (the world famous male athlete and celebrity who recently disclosed that he was a transgender and was going to transition into a female) and many others like him needed only a rewiring of the brain to know their True Self instead of a risky and painful sex-change operation? The True Self being that state of being of aligned energies, the experience of the Unisex brain with the builtin capability to experience masculine and feminine energies in perfect harmony and as spontaneously or intentionally desired?

The Possibilities are Endless

It is time to embrace the existence of the Unisex brain as a scientific reality in order is a part of the collective evolution of human beings on the planet. Welcome to the brave new world of the Unisex brain!